



behaviour[®] tonics presents

Engaging Adolescents[®]

Parenting skills for resolving teenage behaviour problems

Monday 28th & Wednesday 30th July, 6.30 to 9pm.

Venue: FIAAI, 16 West St, Lady Barron

Registration and enquiries to Marley Clark

marley.clark@fiaai.org.au (03) 6359 3532

PROUDLY SPONSORED BY FIAAI

Learn:

- Understanding adolescence: a time of reconstructions, redeveloping social landscapes, brain snaps and body make-overs.
- Understanding your job as parent/carer of a teenager - observer, advisor, negotiator, director.
- A three-option model for decision making...a 'drop down' menu for parents
- Working out how NOT to respond in tricky emotional encounters
- Building your relationship with your teenager
- How to hold difficult conversations more successfully when discussing issues such as internet overuse, sibling conflict, disrespect, truancy, going out, school work, helping out, choice of peers...and much more.



About the presenter - Brad Williams

Brads presentations are both informative and entertaining. His approachable and humorous style makes the topic of disciplining children interesting. With a background in child and adolescent mental health services before starting in private practice, his practical 'real world' approach has course participants feeling more confident and flexible when it comes to discipline and getting the best out of kids. As a father of two young boys, he is only too aware of the challenges involved. He has a great affinity with rural life, having grown up on dairy and beef farm's and in his travels he has worked in mining and as a lobster fisherman.